

Inter Counties Fell Championships 2009

This year's Inter Counties Fell Championships was held in conjunction with the Hutton Roof Race, and as far as I know this was the first year that Hertfordshire has entered a team.

The course was over 7 miles with 1300ft of climb and was fully marked. It was tame by Fell Running standards, but provided excellent racing, one hands-on-knees climb, and some beautiful views.

Unfortunately our result is not that impressive as we were 14th out of 14 counties. On the positive side we were one of only 3 Southern counties there; the others being Middlesex and Essex.

Now that we have "tested the water" it would be good to get the event widely publicised around Hertfordshire clubs so that we can have a wider participation, and also get a Ladies team out. It is also clear that there are Fell Runners who qualify by birth who would also be interested in running.

Kevin Harding

Individual Results

1 (1)	John Hennegan	Yorkshire	45.50
2 (2)	Morgan Donnelly	Cumbria	46.55
3 (3)	Matthew Gillespie	Scotland W	47.21
40 (48)	Kevin Harding	Hertfordshire	53.29
52 (74)	Alan Whelan	Hertfordshire	57.45
54 (100)	Rick Ansell	Hertfordshire	60.55
55 (210)	Martin Grimsdale	Hertfordshire	70.24

55 (347) finishers

Numbers in brackets are positions in the open race.



The team; Alan, Martin, Rick, and Kevin.